

Adaptive Skills Training

Saturday 4:00-7:30pm @ OSF Learning Center

We provide Independent Living Skills Training for youths (6th grade and up) to prepare for their future independent living arrangements. This training is geared towards basic independent living skills through several learning components. Our goal is to enhance their self-help skills and community involvement to create a higher quality of life. The curricular programs include food purchasing, dinner preparation and cooking, age appropriate social games, sports, community outings, bus riding, shopping, clothes folding and hanging, room cleaning, and more. We will cook and enjoy dinner together. Assistant to Student ratio, 1:2 assistance is expected.

