



The South West Partnership Collaborative

Presents



A Six Week Parent Workshop Series

Starting Thursdays, January 24th- February 28, 2008
Workshops for families with young children

FREE

Thursday, January 24, 2008

Children, Nature and You

A well-known Bay Area storyteller, musician & naturalist who has helped adults & children deepen their connection to, and understanding of, the natural world. Through story, song, nature games and deep listening, learn how to explore your own connection to the natural world and discover playful ways to bring young children to a deeper and healthy relationship with nature.

Instructor: Wendolyn Bird, from Hooked on Nature

Thursday, January 31, 2008

Learn How to Set Limits using Positive Discipline and Save Your Sanity!

Consider your problems, evaluate your options, and learn techniques to set limits with your children that will save your sanity.

Discover how to set limits using positive discipline techniques & analyze your child's behavior challenges and learn how to explore various options!

Instructor: Sue Dinwiddie, M.A., Instructor from Parents Place

Thursday, February 7, 2008

Sign Language

Learn how to incorporate sign language strategies into a child's daily routine for increasing communication and language development. Babies & children under 5 years old are welcome to participate with the caregiver.

Instructor: Jennifer Chang, M.S., CCC, SLP

Thursday, February 14, 2008

Preemies in their First Years

Parents & caregivers of children will get a better understanding about the development of a child who was born premature. The workshop will address questions that parents/caregivers may have such as, why isn't my child walking yet, shouldn't my child be talking, considerations for a preschool experience and what does the future hold.

Instructor: Michelle Oliver, Early Start Program

Thursday, February 21, 2008

Differences in Development & When to Refer

Learn the basic milestones of early child development including Motor, Cognitive, Speech and Language, and Social, Emotional & Adaptive. We discuss typical and atypical development, disability indicators and what signs to look for in a child. If a parent has a concern, how should it be addressed, and when should a referral be made to PHP?

Instructor: Margarita Gomez, OTR/L

Thursday February 28, 2008

Special Education 101

Becoming educated about the school systems & knowing your options will help you advocate strongly for your child's needs. Learn about preschool options & programs in the County & also find out about the service plans that must be set up for your child with special needs (IFSP, IEP and 504 Plan).

Instructor: Education Specialist, Parents Helping Parents

Time : 6:00 - 8:00 Pm

**Venue: FIRST 5 Santa Clara County
4000 Moorpark Ave Community Room
San Jose, CA, 95117**



Funded by FIRST 5 Santa Clara County



Parents Helping Parents
All Kids Count!



All workshops are FREE, but REGISTRATION IS REQUIRED!!

Child care provided - with prior arrangement only

Yes I want to register for: Partnership Series: Jan. 24 Jan. 31 Feb. 7 Feb. 14 Feb. 21 Feb. 28

CALL: 408- 255- 8033 EXT. 153

Email: shriyas@cupertinocommunityservices.org

Fax: 408 366- 6090

Web: www.cupertinocommunityservices.org

Mail: 10104 Vista Dr, Cupertino, CA 95014

Name: _____

Address: _____ Zip: _____

Phone #: _____

E-mail: _____

Child Care: Yes___ NO___ # of People Attending: _____

Names & Ages of Children: _____

Workshops are managed by Family Resources Program, a program by Cupertino Community Services. Funded by FIRST 5 Santa Clara County.

The talks are FREE for all families who have at least one child under age 6 or are expecting a child. Priority will be given to families living in the West Valley region of Santa Clara County: Cupertino, Los Gatos and the mountain areas, Monte Sereno, Saratoga, and West San Jose.